

Alcohol & Drugs Lived/Living Experience Panel: Group Agreement & Terms of Reference

CHIME value	How we work together
Connectedness	<ul style="list-style-type: none"> ➤ We meet every 6 weeks online 6.30-7.30pm and once a quarter in person. We do not need to be at every meeting. We use Slack between meetings to keep in touch if we choose to be MWH Champions. ➤ We invite members of the ADP, and other specialists as needed, to support our awareness by attending our meetings as requested.
Hope	<ul style="list-style-type: none"> ➤ We focus on strengths and opportunities as a panel and critical friend to Moray's Alcohol & Drug Partnership. ➤ We believe recovery is possible for everyone and everyone has a human right to mental and physical health.
Identity	<ul style="list-style-type: none"> ➤ We use our lived/ living experience of alcohol and drug challenges, directly and indirectly (friends, supporters) equally. ➤ If we hold a professional / formal role in support, advocacy or strategic influence, we: <ul style="list-style-type: none"> ○ are candid about this on joining ○ remind members of this role each meeting giving a double introduction as peer and of role ○ step away from a meeting if there is a conflict of interest.
Meaning	<ul style="list-style-type: none"> ➤ We regularly reflect on our panel's diversity and look to improve our inclusion and range of voices. ➤ We review our priorities as a panel and those of the ADPs to ensure they align.
Empowerment	<ul style="list-style-type: none"> ➤ We are supported by MWH and can request training, expenses, debriefing and resources at any time. ➤ Our membership is open to new members. Prior to attending they will be supported by MWH team to ensure are welcomed.