

Training inc. Online Learning Modules: AD LLE Panel

Last updated by Heidi July 2024

SDF:

There are a variety of free Scottish Drug Forum e-learning modules available online for anyone who wants to increase their knowledge: <https://www.sdftraining.org.uk/e-learning>

There are also courses available to book here <https://www.sdftraining.org.uk/>

Fast Forward's Gambling Education Toolkit

provides free resources and information about youth gambling and gambling

harms: <https://gamblingeducationhub.fastforward.org.uk/gambling-education-toolkit/>

Trauma informed and trauma skilled practice:

The trauma informed level of training can be done as self-led learning or as part of a group based experience. Moray Wellbeing Hub can organise a group training this if you are keen.

If you want to go further you can use Turas for the e-module "Developing your trauma skilled practice". In line with the Trauma Skilled practice level of the Scottish Transforming Psychological Trauma Framework. There are 5 learning units plus assessment, and the module is designed to take 1-2 hours to complete.

If you are registered with Turas Learn, *Developing your trauma skilled practice* can be accessed via: <https://learn.nes.nhs.scot/24384/elearning-psychology/developing-your-trauma-skilled-practice>

It is simple and free to register an account with Turas Learn

here: <https://turasdashboard.nes.nhs.scot//User/PersonalDetails/Create?openIdApplicationId=e8c7cbb9-34fd-4c87-8c6c-7232cf6786d7>

Re-Solv

provides resources on Volatile Substance Abuse:

<https://www.re-solv.org/resources/>

Crew 2000

has an A-Z list of information on drugs and harm reduction advice:

<https://www.crew.scot/drugs-information/>

Scottish Recovery Consortium online CPD courses: <https://scottishrecoveryconsortium.org/src-activity/src-learning-platform/>

Scottish Recovery Network – Peer Recovery Hub

<https://scottishrecovery.net/peer-support/>

Resources around understanding what peer support is and how to deliver this as part of a values framework. This includes how to deliver Peer2Peer, a key course in peer-support skills delivery. If you are keen to undertake peer-skills courses locally Moray Wellbeing Hub can run these. The info on the Scottish Recovery Network website is not all organised as modules but has a wide range to inspire you to explore with fellow peer and they often have events where you can share learning and practice.

Become a MAT standards interviewer! <https://scottishrecoveryconsortium.org/mist-q/>

Training is available to help you upskill and support the evaluation locally of MAT standards.

Involved chatting to those who use services and those who support them for their views as part of the formal process to ensure lived experience shapes services.