

Making Recovery Real in Moray Partnership Meeting

Tuesday 12th December 23 1:30-13:00

Online, Teams

Present: Carol Smith (Moray Wellbeing Hub), Heidi Tweedie (Moray Wellbeing Hub), Kirsteen Pyett (Health and Social Care Moray), Karim Mahmoud (DHI), Jade Archibald (Distress Brief Intervention - Penumbra)

Apologies: Elidh Brown (tsiMoray) John Webster (Police Scotland), Tracy Grant, Kirsteen Carmichael (Health & Social Care Moray)

Chair: Kirsteen Pyett

Minutes: Carol Smith (Moray Wellbeing Hub)

Organisations / Perspectives formally represented (strike through not in attendance at meeting):

Lived experience of MH challenges. - adult perspectives. tsiMORAY Police Scotland DBI Service (Penumbra) Scottish Recovery Network Circles Advocacy SAMH REAP Arrows Findhorn Foundation	Children 1st Quarriers Care Support Service Moray North East Suicide Prevention Team Moray Wellbeing Hub CIC HSCM (Health & Social Care Moray) <ul style="list-style-type: none"> - Commissioning - MH social work - Psychological services - Public Health Coordination - Mental Health Practitioners Digital Centre of Excellence Aberlour Youthpoint
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ACTIONS FROM THIS MEETING	OWNER:
1. MRRP to review film and comment on Community Research Network draft Ideas and Challenges document accessible on MWH webpage under projects - https://moraywellbeinghub.org.uk/projects/	Carol to send to all partners via mailing now and when return
2. Heidi to speak with Pete re use of logic model	Heidi - DONE
3. Carol to firm up time options for in person day (6 th Feb) and send out to MRRP	Carol

Commented [HT1]: done - emailed pete and elizabeth today.

PROPOSED AGENDA FOR NEXT MEETING:	OWNER:
1. Chime In	All
2. FIXED – overview of terms of reference	Chair
3. Update on Actions	All
4. Collective Voice report for public	Carol/ Heidi
5. Events planning/ Any other business	All
6. Provisional - Discover Pathways Overview	All
7. Chime Out	All

Previous Meeting Minute:

Agreed in advance by email and amendments contact carol@moraywellbeinghub.org.uk

Public versions available at <https://moraywellbeinghub.org.uk/making-recovery-real/>

1. **CHIME In**

- Kirsteen – discombobulated, couple of days off recently so catching up. Hoping to feel more connected by end of meeting
- Carol – flustered, connected
- Karim – same, trying to find feet after a few very busy weeks
- Jade – hopeful and hectic
- Heidi – hopeful and hectic also, looking for meaning in the meeting

Next Meeting Chair & Time Confirmation

- Tuesday 16th January 11am – 12:30 on Teams
- Chair – Jade? - Agenda — theme – partner updates – headlines and highlights – e.g. stats for their service if available and otherwise a narrative update on relevant points for sharing of activity and plans for 2024

2. **FIXED – overview of terms of reference – accessible under downloadable documents via <https://moraywellbeinghub.org.uk/making-recovery-real/>**

3. **Community Research Event – Heidi**

Have expression of interest funding from UKRI to set up network – been running events since April, last event was in November– launched a paper – ‘ideas and challenges’, people commented on this, fancied up version of this has now gone out this week, also have a film showing progress so far. **Action for MRRP to share this film and encourage comments and feedback on document.** Partners meeting tomorrow then every couple of weeks, to put together a funding application for funds for project over next 5 years – what creates mental wealth in Moray. Resourcing organisations to do things like gather data from things they are already doing.

Links well with MRRP (CRN is about the research, MRRP – implementing the strategy). Community partners setting agenda for this project, statutory bodies will come in later. Application going in next year. UKRI, current funding lasts until May, will have heard by then if next application for 5 year fund is successful.

Karim – advised, public funding for research and engagement. DHI – 2 years ago received funding to set up rural centre for innovation. Karim lead of health and wellbeing. Engagement in Moray for research very low. Increasing capacity in this area to set up the structure to support research.

To highlight how much value grassroots bring to mental wealth in Moray and that these should be resourced.

ACTION – for all MRRP partners to visit the webpage and watch the video and comment on the ideas and challenges paper. Also encourage as many people as possible to add to this, community members, service users and staff. Hopeful that may be when you are running service over the holidays

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and reflecting on your year take a chance to review and add to this – 7 minute video. – CS – send out in a format that is able to be sent out to team members – send out before Christmas break and then a welcome back mailing to remind of these resources.

4. Actions

1. Request of Katie to take this forward with Shaun and Simon about future of MRRP.

Update provided below

2. Update on C H & W Funding – Update to partnership via special mailing to be completed
DONE

3. Kirsteen C to provide update on Healthpoint ‘blurb’ for discover pathways
DONE, with MWH to update

5. Update on meeting with Katie Kinnear – Heidi and Kirsteen

Katie came to post in August and has been familiarising herself with the service locally, came from Royal Cornhill Hospital in Aberdeen so is familiar with adult mental health services. Moray post includes commissioning and primary care mental health also.

How we evidence the work of the MRRP needs further focus. Need to be able to do this in order to secure recognition of remit and help to obtain resources.

Karim – if CRN receives further funding – this should help provide data to inform where should be resourced.

How much does HSCM wants to re-adopt MRRP – to recognise what the partnership has achieved. Focus on where government is pushing on e.g. MAT standards push. MH not being as pushed by government in the same way at the moment.

Upcoming winter surge and hopeful approval of funding from Scottish Government coming for the ligature and MRI works.

6. Update on Collective Voice Report

MWH have funding to collect voice of people in Moray around alcohol and drugs and mental health support and services. Are sharing this with ADP but not MRRP as yet, need to do this. MWH working on a version for public use – compressed years version – share with MRRP before we put this to the public so knowledge is out there with services before it goes live. Add to next agenda to note if any action to be taken before report goes live.

7. Commissioning Dates

Moray Council commissioned contracts, a lot have either expired or due to expire. Meeting happening this week around commissioning work being taken forward, Kirsteen and Katie pushing forward the

Mental Health contracts. Encouraging to look at a theme or an area. Hopefully further update can be given in the new year.

MWH successfully supported ADP for recovery commissioning contract – tender was reviewed by group of lived experience individuals anonymously and lived experience panel being set up.

8. Pete email around MRR and CRN action plan

To communicate effect of MRRP we could prepare a logic model, this would be in a format recognisable to statutory bodies. Recent one from Liam Yule was a great example – showed 5 priority areas, outputs, outcomes and national strategy/action plan links.

Pete/ Elizabeth – excellent at putting together logic models. Pete been working with PH people to look at MH in Moray.

Felt it needed some authority from HSCM partnership. Kirsteen happy to be involved in development and discussion. Looking for a steer from leadership and being mindful of the time needed to develop this perhaps a workshop in the new year would be a good idea.

MRRP agreed to further explore the concept of developing a logic model, Heidi to communicate with Pete to see if he could help us make this a reality for MRRP. Take to the next meeting, perhaps Pete could guide us through this, potential for in person session. Potential to use UHI NHS hub room – CS to put out a date option for everyone to complete by Wednesday 10th Jan we are back, expecting session to be early Feb at the earliest. H to speak with Pete.

9. Next Year MRRP Meeting dates

- Tuesday 16th January 10:30 – 12noon – theme – partner updates – headlines and highlights – e.g. stats for their service, Chair - Jade
- February – in person – UHI NHS Hub Room Tuesday 6th February 23 session times to be sent out via doodle – 1-3, 2-4 or 3-5– workshop to look at logic model

10. CHIME out

- Karim – more connected than at the start of call, hopeful to take this great energy and turn into meaningful energy in 2024.
- Jade – hopeful and hectic
- Heidi – empowerment
- Carol – hopeful, looking forward to in person session
- Kirsteen P – more connected, enjoy the pause this protected time gives.

PROPOSED AGENDA FOR NEXT MEETING:	OWNER:
1. Chime In	All
2. FIXED – overview of terms of reference	Chair
3. Update on Actions	All
4. Partner Updates – Highlights and headlines	All
5. Collective Voice report for public	Carol/ Heidi
6. Events planning/ Any other business	All
7. Provisional - Discover Pathways Overview	All

8. Chime Out	All
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FUTURE/ RECURRING AGENDA ITEMS:	OWNER:
1. Child & Parent Survey Findings to be shared with group when available	Paul
2. Update on PH MH Network meetings	Kirsteen C/ Paul