



tsiMORAY Volunteering Hotlist

February 2023

Moray District Scouts Committee Members Aberlour, Dufftown & Keith



The local Scout groups in Aberlour, Dufftown and Keith are needing volunteers -- and not just to help directly with young people. What they really need are one or two people with finance or management skill or experience, to join their local scouting committee.

This is a real chance to be part of something incredible, that truly changes the lives of so many young people in Moray. Committee members meet about three times per year, but have an important role in making sure the local group is effectively run and that teams are supported. Committee members make sure the Scout Group has a good place to meet, has equipment -- they can assist with the recruitment of leaders, organising social events and help to make sure finances are in order.

Scouts, prepare young people with skills for life, supported by amazing teams and other volunteers, delivering inspiring programmes. Committee members are vital in making this positive impact in the lives of local young people and in their local communities.

Hospital Homecoming Moray Volunteers Needed Now in Forres Flexible



Hospital Homecoming volunteers help people who have had a stay in hospital and who need a bit of help to settle back at home. These patients are likely to be identified as isolated and lonely with low support at home. This role is not ongoing and will last no longer than 12 weeks. Just the right amount of time to help someone to recover and get back on their feet. No personal or medical care is involved.

Activities could include helping someone return home from hospital by: put the heating on, milk and bread in fridge, talking (friendly chat) in patient's home or on the phone, shopping (or assisting them with their shopping), transport – to a scheduled appointment, going for a walk with patient to gain confidence, exercise, or walking their dog, putting bins out, or helping with small tasks that the person may find very difficult.

For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

**Connected People
Creating Change**



tsiMORAY Volunteering Hotlist

February 2023

North East Sensory Services (Moray)

Group Volunteers

Various locations in Moray



North East Sensory Services' social groups are looking to return to full capacity in Moray, but need some friendly, welcoming volunteers to help them. NESS delivers a 'Community Inclusion Project' that aims to reduce social isolation and loneliness in people over the age of 65 who have a significant sight or hearing impairment. They do this by supporting social groups in Forres, Elgin, Keith and Buckie, which provide their service users with the opportunity for friendship, activity and support. Transport to attend community groups is often an issue for members so they provide drivers too! (and NESS would welcome new volunteer drivers as well!)

As a group volunteer, you might be needed to guide someone on an outing, to describe the cake selection, or assist someone to take part in a game of floor curling, every session is different. Some main tasks can include:

- support the group to achieve what they wish to do
- assist group members with refreshments
- assist group to plan and organise activities/speakers
- assist group members to find seats and negotiate the room
- interact with group members and develop positive relationships
- encourage the group to interact with one another

Volunteers are well supported and find their experience rewarding, uplifting and fun, often forming fulfilling long-term friendships with our service users. Induction training will be provided, so no previous experience of groups or of sight/hearing loss is required. A PVG check will be required for this role and a 6 month commitment would be ideal.



For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

Connected People
Creating Change



tsiMORAY Volunteering Hotlist

February 2023

Moray Duo

Secretary / Admin Volunteer

Based in Elgin



Moray Duo is a local group for supporting the health and wellbeing of disabled people in Moray. The group would like to welcome a few new volunteers to help take minutes at meetings and to help organise information and data on their computer. Full training can be given, but prior experience would be very helpful. Minimum age is 16 and commitment would be 4 hours per week maximum.

If you think this opportunity could be for you, you can go along to a group meeting before committing to the opportunity.

Mentoring Young Talent

Volunteer Mentors in

Buckie and Keith areas



Mentoring Young Talent



Mentoring Young Talent (MYT) is seeking new volunteer mentors to work with young people between the age of 12-26yrs, supporting them 1-1 to gain confidence, explore their strengths, help make future plans to either increase their educational attainment or secure a destination like work, training or further education. The younger project (12-16yrs) provides mentors to care experienced school attendees while the project for 16-26 year olds aims to support young people locally who may be unemployed, struggling to identify their next steps, need to strengthen their skills and gain from the interaction with a positive role model.

Everyone is welcome to apply to be a mentor, it's a great way to give back, support local young people and share your knowledge and experience. MYT provide training, support and fund some great activities to take part in alongside your matched young person. This volunteer opportunity is also a great career development opportunity, increasing your own employability skills as a result. During Covid 19 many young people's future plans have been dashed, unemployment has risen and there is increased insecurity for this age group.

Volunteers should have positive attitudes and values, be flexible, patient, consistent, with good listening, communication and conversation skills – providing a sympathetic ear and encouragement for a young person to perhaps try new things. Clean driving license, PVG required, to respect confidentiality and personal boundaries, to undertake training. Minimum age 21. Expenses for travel and outings are paid within reason.

Mentoring provides a positive way to help this generation. If you can manage between 1-2 hours a week please get in touch. We are seeking volunteers of all ages and life experience and have young people waiting.

For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

Connected People
Creating Change



tsiMORAY Volunteering Hotlist

February 2023

Moray Citizens Advice Bureau Volunteer Advisers, Urgently Needed Elgin or Outreach offices in Moray



Volunteer Advisers are at the heart of every Citizen's advice bureau, providing advice and support when people need it most. The role of the adviser is multi-faceted; no two days are the same. Advisers generally interview clients, find the relevant information in the Bureau's information system, and explain this to the client, so they can make an informed decision on what action to take. Advisers can also provide practical support such as assisting to complete forms or contacting other agencies on a client's behalf. Advisers would also make a record of the clients' visit and the advice given and actions taken so further support can be provided should the client need to return. Sessions run for 3 hours and volunteers normally volunteer two sessions per week, but this can be flexible.

Expenses available. Online training is also available to supplement the in-bureau training and, once qualified, more specialist training is available on an ongoing basis. Volunteering takes place at the Moray Citizens Advice office - 6 Moss Street Elgin, but could also be done in outreach offices if suitable for a volunteer.

Oxfam (Moray) Shop Volunteers—Elgin Flexible



The Oxfam shop Elgin is looking for friendly, helpful people to join their shop team and there's a number of ways that you can help out from till operator, to their online shop, from working in a certain department such as books or music, or something you may have a passion for. There are even some administration tasks, sorting donations and even visual merchandising.

This is a great opportunity to volunteer in a vibrant, busy shop.

For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

**Connected People
Creating Change**



tsiMORAY Volunteering Hotlist

February 2023

Shopmobility Moray Board Members Flexible

Shopmobility



Since 1995, Shopmobility Moray has been assisting people with low-cost rental of mobility aids, wheelchairs and scooters. Not only to do they provide this for shoppers, but also for people who need longer terms loans. This year, requests for equipment have increased. They are looking for one or two new trustees with financial skill, business planning, fund-raising and/or marketing to join their board, to help take the charity forward at a point of change.

Shopmobility exists to provide equality of opportunity for all members of the public with limited mobility, who may wish to make use of shopping and other facilities available in Elgin town centre and throughout Moray. The aim of Shopmobility is to provide free use of manual wheelchairs, powered wheelchairs, scooters and other mobility aids for members of the public. Volunteers are trained in first aid, manual handling, disability awareness, wheelchair etiquette and accompanying hearing and sight impaired individuals.

If you have a few hours to spare each month, Shopmobility would love to hear from you!

Volunteers...
Don't necessarily have
the time, but always
have the heart.



For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

Connected People
Creating Change



tsiMORAY Volunteering Hotlist

February 2023

**Independent Glenlivet & Inveravon
News Group
Publishing & Treasurer Roles**



The Independent Glenlivet & Inveravon News Group is searching for two new members to help in the production of their award-winning quarterly magazine, Thistledown. They are looking for someone with computer skills and preferably some experience of desktop publishing. They would like to also find someone who likes working with figures; (although, of course, no formal qualifications in either discipline are necessary). The two new recruits would initially volunteer along-side team members, already experienced in these fields, "to learn the ropes." So, if you have a lively interest in what is happening in this local community and an enthusiasm for working as part of a creative team, plus an ability to contribute new and original ideas, they would love to hear from you.

Please get in touch with thistledown.editorialteam@gmail.com

**Over The Wall
Camp Volunteers /July 2023
PERTH (Accommodation Provided)**



Over The Wall is a UK based charity for children and young people with health challenges and disabilities, and their families, to discover a world of mischief and magic. A place where they can be brave and have fun with others. These amazing places are in person at residential camps. Volunteers are required each year to help run the programs. They offer residential, virtual, corporate and fundraising volunteer opportunities. Volunteers are a huge part of the heart and soul of Over The Wall.

Over The Wall need some volunteers at their residential camp which will be running from Monday 10th to Friday the 14th July at Strathallan School, Perth. They currently have opportunities available as camp teammates, activity leaders and clinical volunteers at this camp. You could play a leading role in providing the magical transforming experience Over The Wall give their campers and their families. Accommodation provided.

If you would like more information, please email Charlotte.Gibson@otw.org.uk.

For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

**Connected People
Creating Change**



tsiMORAY Volunteering Hotlist

February 2023

RSPB

Reserve Work Party Volunteer—Culbin Sands
Weekdays



Are you interested in wildlife and would you like to get involved in practical work on our Culbin Sands reserve? We are looking for new volunteers to get involved and help us manage our remote and fascinating Culbin Sands reserve. We rely on the hard work and dedication of volunteers to keep the habitats on this reserve in fine condition. To do this, we are running work groups, usually once or twice a week between Monday and Friday, from September to April. This role is suitable for under 18's.

We will carry out habitat management tasks during these work groups, which will include the removal of scrub and small trees with hand tools and burning brash on bonfires. We are looking for volunteers to help out with these management tasks by joining our dedicated team of volunteers. The tasks are running as part of our LIFE 100% for Nature Project, which aims to improve the condition of sand dune and vegetated shingle habitats on the reserve, to benefit a range of rare and threatened species.

In this role you'll learn about the management and ecology of this important reserve while developing new skills in habitat management or just enjoying this remote and wild reserve.

Due to the remoteness of the reserve, there are no indoor toilet facilities at this reserve. You will need to make sure you have an up-to-date tetanus injection. Volunteers will need to bring their own food, drink and outdoor clothing, including wellies. The RSPB will provide appropriate Personal Protective Equipment relevant to the tasks, such as work gloves and protective glasses. You don't need to have any previous experience, and volunteers can try a session to see if the role is for them.

BECOME A VOLUNTEER - MAKE A DIFFERENCE



For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

Connected People
Creating Change



tsiMORAY Volunteering Hotlist

February 2023

Forres Friends of Woods & Fields Garden & Green Space Volunteers Flexible



Do you want to learn about tree planting? Learn how to grow your own vegetables? Craving for a reason to get outside? Enjoy nature? We are always looking for volunteers who wish to help the community and getting involved.

In the coming spring and summer months, the focus is with our beautiful Community & Children's garden - a 1-acre space to grow and harvest your own vegetables.

Tasks are suited to most abilities, but if you are unsure, don't hesitate to contact us for more information. We organise volunteer morning and afternoons on Wednesday and alternate Saturday from 10:00 - 13:00. Want to join? Please get in touch via forresfriends@gmail.com!

Marie Curie Helper Service Volunteers Flexible, Across Moray needed



Marie Curie is looking for friendly, sociable volunteers to support adults with life limiting illness in the community. We know that small things matter, whether it's a cup of tea and a chat or getting out and about. Our Helper Service volunteers provide invaluable companionship, emotional and practical support to clients diagnosed with a terminal illness and their loved ones. You will be matched with a client in your area and will support them and their loved ones for roughly three hours a week with what matters most to them. This could be as simple as providing a friendly listening ear or help with small daily tasks such as making a cup of tea or helping them to access the internet. Our clients greatly benefit from having the support of a trained volunteer and their carers and loved ones will really value the opportunity to have some respite. We know that everyone is different, and you will be matched with a client based on their needs and you're availability to ensure you are able to build a great rapport and supportive relationship.

No experience is necessary, as full training is provided when you join us. You will also be supported directly by our Volunteer Coordinator and will have regular contact so that you are able to ask for support if you feel you need it. This is a great opportunity for a volunteer with good conversational and people skills who loves meeting new people and is interested in a role where they can make an impact on someone directly. If this sounds like you then Marie Curie would love to hear from you.

For all volunteering enquiries, please contact:

volunteer@tsimoray.org.uk

01343 541713 www.tsimoray.org.uk

Company No: SC416994 Scottish Charity No: SC042954

**Connected People
Creating Change**