|  |  |  |
| --- | --- | --- |
| **Our SHORT TERM OUTCOMES are …****(outcomes in our control, usually)** | **Which will lead to these MEDIUM TERM OUTCOMES** | **And in the LONG TERM we contribute to these OUTCOMES** |
| * More people are aware that mental health is relevant to everyone
* People experience increased compassion in distress
 | * People’s lived experiences are increasingly valued as an asset by themselves and others
 | * People feel less stigma in accessing support/ Stigma and discrimination is reduced
 |
| * People are more informed about self-care/self-management (OR People have a better understanding of how to self-manage?)
 | * More people have the skills/confidence/capacity to manage their health and wellbeing (OR People are better able to self-manage?)
 | * People in Moray improve their own mental health and wellbeing
 |
| * More people are appropriately signposted to access the service or support they need/choose at the right time for them
* People have the choice to increase connections with their communities
* People have increased choice in supporting their mental health
* Increased use of creative ways for people to access support
* Empower people to make informed decisions (and respect those choices)
 | * More people develop the connections that help them manage their own health and wellbeing
* People in Moray are more connected to their community
* People experiencing disadvantage and higher vulnerability feel less isolated
 | * People have increased resilience
 |
| * More people know what’s going on in their community and how to access
* The partnership strives to better understand what the people of Moray want
* People are increasingly able to see their ideas and voice in action
 | * People have increased opportunities to influence/shape services
* People have more flexibility to reshape services/community design
* More people play an active role in their community
 | * Happier, healthier Moray
 |
| * Partners are more comfortable with discomfort/embrace diversity
 | * Partners feel more comfortable to share resources
* Partners feel able to share resources
 | * The MRR Partnership will promote good mental health for all
 |
| * Greater visibility of the MRRP contributions to the LOIP and vice versa
 | * *Policy and practice are more connected?*
* *Decision-makers better able to fund what works?*
* *Are better able to identify and meet gaps in need?*
 | * *Services are better able to meet people’s needs?*
* *Everyone better understands/ values the voice and experience of people?*
 |

**Making Recovery Real Partnership Outcomes, Moray (v1 – 02/04/19)**