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| **Our SHORT TERM OUTCOMES are …**  **(outcomes in our control, usually)** | **Which will lead to these MEDIUM TERM OUTCOMES** | **And in the LONG TERM we contribute to these OUTCOMES** |
| * More people are aware that mental health is relevant to everyone * People experience increased compassion in distress | * People’s lived experiences are increasingly valued as an asset by themselves and others | * People feel less stigma in accessing support/ Stigma and discrimination is reduced |
| * People are more informed about self-care/self-management (OR People have a better understanding of how to self-manage?) | * More people have the skills/confidence/capacity to manage their health and wellbeing (OR People are better able to self-manage?) | * People in Moray improve their own mental health and wellbeing |
| * More people are appropriately signposted to access the service or support they need/choose at the right time for them * People have the choice to increase connections with their communities * People have increased choice in supporting their mental health * Increased use of creative ways for people to access support * Empower people to make informed decisions (and respect those choices) | * More people develop the connections that help them manage their own health and wellbeing * People in Moray are more connected to their community * People experiencing disadvantage and higher vulnerability feel less isolated | * People have increased resilience |
| * More people know what’s going on in their community and how to access * The partnership strives to better understand what the people of Moray want * People are increasingly able to see their ideas and voice in action | * People have increased opportunities to influence/shape services * People have more flexibility to reshape services/community design * More people play an active role in their community | * Happier, healthier Moray |
| * Partners are more comfortable with discomfort/embrace diversity | * Partners feel more comfortable to share resources * Partners feel able to share resources | * The MRR Partnership will promote good mental health for all |
| * Greater visibility of the MRRP contributions to the LOIP and vice versa | * *Policy and practice are more connected?* * *Decision-makers better able to fund what works?* * *Are better able to identify and meet gaps in need?* | * *Services are better able to meet people’s needs?* * *Everyone better understands/ values the voice and experience of people?* |

**Making Recovery Real Partnership Outcomes, Moray (v1 – 02/04/19)**