

## **Suicide Prevention in Moray creative competition: Can you help create hope?**

This suicide prevention week (4<sup>th</sup>-10<sup>th</sup> of September) marks the kick off for a creative competition around suicide prevention and hope in Moray. Moray Wellbeing Hub invites creative souls to contribute to a positive campaign that encourages hope for people who are struggling with suicidal thoughts. This competition is part of a Moray Suicide Prevention partnership which includes a range of members such as Police Scotland, SAMH and Health & Social Care Moray.

We are looking for a striking

- Slogan
- Image
- Flag or symbol

that can be used for messages to create hope in the community. These will then be used individually or in a combination to create a range of printed and online communication materials from posters to stickers and assets for social media.

The process of selecting and co-designing the final materials will be led by those with personal experiences around suicidal thought and loss. For those interested in being part of the process, Moray Wellbeing Hub welcome new members to their social movement for change as Champions. The aim is to make the final creative materials available to all and celebrate all the contributors in good time before winter this year.

### **How to enter:**

All people in and from the Moray community are welcome to enter, this includes all ages. Entries can either be posted or emailed to Moray Wellbeing Hub and include the following information.

- Your full name
- If you wish to remain anonymous or would like to be credited for your contribution.
- Your age if under 25
- Your locality in Moray (the nearest town will be sufficient)
- Your email address (or that of a parent/carer/supporter you wish to use them as a contact)
- Your phone number(s) where you are happy to be contacted including having a voicemail message.
- Optional: Any information about your submission you would like us to know. This might be about why you wanted to submit your creative work to the competition.

By submitting your entry you give your permission for the partners to use your work around the theme of suicide, hope, mental health and wellbeing without ownership rights. Wherever possible we will endeavour to thank and credit contributors if they wish, but the co-design process will see many ideas transform as elements come together from many sources. Any questions about this can be forwards to Moray Wellbeing Hub.

Please send your creations to: [hello@moraywellbeinghub.org.uk](mailto:hello@moraywellbeinghub.org.uk) / MWH PO BOX ADDRESS