

# **VISIONING HEALTHY RURAL COMMUNITIES**

### **DREAM TO CHANGE THE FUTURE ONLINE FROM FEBRUARY 2020**

COMMEN





### VISIONING RURAL COMMUNITIES DREAM TO CHANGE THE FUTURE

We are striving to live in a democracy. A democracy is a politics that gives us the freedom to create our vision and the power to make that vision come true. We strive to be citizens -- people with the vision and the power to create our own way, a culture of community capacity, connection and care. John McKnight

*Visioning Healthy Rural Communities* invites people from across the north of Scotland to coalesce around visions of positive change in health and social care within community settings. Telling the story of a vision can be a powerful means of communicating change. With skilled facilitators, inspirational speakers and collaborative thinking, participants of this innovative and thoughtful online programme will be guided to stand as their future selves, tell the story of their unique vision and create opportunities to hear and be heard from others with a diverse point of view.

The events of the last six months are not something any of us would have wished, but they have presented society with a unique opportunity for change. During the Second World War, a new post-war Britain was designed. Things like the NHS, national parks, the planning system and agriculture that could feed everyone were envisioned at the height of the conflict.

## Are you ready to create your own vision for the future?

This innovative programme invites you to dream dreams about how you want society to be, develop creative ways of sharing that vision and explore making meaningful change in your community and Scottish rural life.

The Social Enterprise Academy is a company limited by guarantee registered in Scotland No. 272855 and Scottish Charity SC035936

#### **PROGRAMME DETAILS**

#### **Begins February 2021**

A series of short, professionally facilitated online sessions exploring connections, existing assets, strengths and tools that can lead to meaningful change

Each session will focus on an aspect of community health and care which will help to shape visions and drive discussions.

#### Cost: Fully funded

This project is for anyone involved in the health and social care sector, from patients and service users to practitioners, leaders and policy makers (and anyone in between).

#### **ABOUT US**

The Social Enterprise Academy delivers learning and development programmes for people working for social change.

#### **MORE INFORMATION**

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