

'Sometimes the smallest things take up the most room in your heart'. – Winnie the Pooh

Moray Public Empowerment Group

Online, Moray

NHS Grampian is launching an exciting new initiative for the people of Moray to get involved in. The 'Public Empowerment Group' (PEG) is a forum where local people can have a say about how health and social care services will be delivered in the future as part of the Dr Gray's Hospital Transformation Programme and Operation Home First. The group is open to anyone aged 16+ with recent personal experience of health and social care in Moray, whether they are themselves a service user or support someone who accesses those services.

Treasurer to the Board

Elgin

Moray Rape Crisis is looking to fulfil the volunteer role of treasurer and is keen to hear from people who have a finance or accounting or business management background and who would like to help and become part of a dedicated and passionate team. Moray Rape Crisis provides free and confidential information, advocacy and support to anyone in Moray (age 11 and over) affected by any form of sexual violence. If you are interested in this role and would like to have a chat and further details, please do get in touch.

Volunteer Tellers

Buckie & Elgin



Moray Firth Credit Union is planning to open an outreach service in Buckie January and are looking for people who would like to be part of a team of volunteer tellers. We are also looking for a couple of people who may be to volunteer in Elgin, as our service has recently re-opened for one day per week, for a couple of hours. We are looking for people who want to give something back to the community. A credit union is like a community bank where we accept people's savings that then gets added to a pool of money from which our members can apply for a low cost loan.

For all volunteering enquiries, please contact; volunteer@tsimoray.org.uk 01343 541713 vorking with you to create a better Moray

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Volunteer Mentors

Moray

Mentoring Young Talent is seeking new volunteer mentors. MYT works with young people between the age of 12-26yrs, supporting them 1-1 to gain confidence, explore their strengths, help make future plans to either increase their educational attainment or secure a destination like work, training or further education. We provide training, support and fund some great activities to take part in alongside your matched young person. This volunteer opportunity is also a great career development opportunity, increasing your own employability skills as a result. During Covid-19 we have seen many young people's future plans dashed, unemployment rise and increased insecurity for this age group.

Volunteer Shop Assistant

Elgin

PDSA Elgin are looking for volunteers to help both on the shop floor and back sorting room. Duties would include serving customers, cash handling, sorting donations, and restocking the shop floor. No previous experience required. Minimum commitment 3-4 hours per week. Both long and short term volunteering opportunities are available – so perhaps if you are on furlough and keen to make the most of your time off, or you are between roles or looking to build your skills and CV to help move into a career in retail then volunteering with PDSA could be a great opportunity for you.

Door Assistants Dr. Gray's Hospital

Elgin

This volunteer role is helping to support the health and safety of patients and visitors to Dr. Gray's Hospital during COVID-19. Volunteer Door Assistants will provide support to hospital staff, ensuring patients and visitors are welcomed and directed to the correct department whilst ensuring physical distancing and PPE guidelines are followed. Shifts are 2 hours long and flexible - Monday to Friday and there is some availability to help on evenings and weekends, although days are the priority just now.

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www.tsimoray.org.uk







Scottish Charity No: SC042954



Portgordon Post – Christmas Edition

Portgordon



Thank You

The Portgordon Post is a brilliant community newsletter, and the team is now busy putting together their special Christmas edition. When it gets published (looking like the first week of December) they need a few local folk to help distribute. This is fun, and a great way to get into the Christmas spirit! Email us at volunteer@tsimoray.org.uk and we will connect you to the distribution team.

Volunteers - Thank You!

COVID-19 may have defined 2020, but through it all, volunteering has been the way we have connected and coped. The kindness, compassion and care we have shown for one another is our communities' strength. So, if you volunteered this year, if you came forward to help, if you think you may want to help at some point in the future... we want to say a huge Thank You and wish you a very Merry Christmas.

Not seen anything you fancy?

Go to the tsiMORAY website which has information on 100's of Volunteering Opportunities across Moray! Find us at; <u>www.tsimoray.org.uk/volunteering</u>

Or, contact us using the details below for a chat and a virtual cup of tea.

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www.tsimoray.org.uk

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