



Creativity in dementia care – 2-day course

We thought you may be interested in joyful and creative ways of connecting with people who are living with dementia. This 2-day course is based on over twenty years of working in creative ways in healthcare, and several years' practice-research in dementia care by author and founder of Creativity In Care, Karrie Marshall. The team delivering the programme also have backgrounds in visual arts, drama, dance, creative writing and puppetry.

The course is aimed at people interested in working creatively to support meaningful interactions, identity, inclusion and connection for better quality professional care.

The 2-day *Creativity in dementia care* course aims to:

- Deepen knowledge & understanding about the importance of creativity and learning in dementia care
- Develop person-centred and equalities awareness
- Show the Six-Step B.I.C.E.P.S model for strengthening connections
- Create a toolkit of skills and ideas for meaningful interactions
- Better understand the transforming power of love and compassion

The programme assumes prior knowledge of dementia, but handouts and further information are available. The course has been developed in response to questions from care managers, staff and artists about how to engage creatively with people living with dementia, where concentration, memory or ability to make sense of things may be affected. Costs include materials, refreshments & light lunches.

Dates and Times

Tuesday 31st July and Wednesday 1st August 2018

9:30am registration 10 am until 4pm each day

Anam Cara, Inverness IV3 8PN (see further on for venue details)

Course Feedback

from participants ranging from care staff, activity coordinators, doctors, care home managers, artists, therapists and interested others.

'A wonderful course. Your passionate enthusiasm shines through... I'll be using your examples in my day to day work in the community.'

'Excellent... I can't wait to do everything with my tenants!'

'A very reflective time, keeping people at the centre of learning. Thank you'

'I learnt that everyone can engage. Very enjoyable and useful. I learned a huge amount.'

'It's given me the confidence to get more creative because we all have that responsibility, not just activity coordinators.'

'I always find your courses give me another level of understanding that helps us push the boundaries and see more things are possible than we thought.' (AH care manager)

“Uplifting & practical. Packed with ideas. Feel more confident about what I can do”
(DD carer)

“One of the best courses I’ve been on. Fun, informative & totally inspiring!” (JM Care staff)

‘I feel that I now have a deeper knowledge of dementia, and have a better understanding of how it effects people. I found the discussions about the brain particularly helpful and enjoyed the creative learning.’ (JF carer and artist)

‘It was good to meet like-minded people and to learn about different approaches in communication. I found the course uplifting and inspiring.’ (FD community coordinator)

‘I gained confidence in the work that I do and have increased compassion and understanding when I work with people with dementia. I enjoyed thinking outside the box’ (CG)

‘I’ve been on other dementia care courses, but this one goes wider and deeper and is more fun!’ (Dr S.)

Books by Creativity In Care CIC founder published by Jessica Kingsley Publishers

[A Creative Toolkit for Communication in Dementia Care, Marshall K., Jessica Kingsley Publishers London 2015](#)

[Puppetry in Dementia Care: connecting through creativity and joy, Marshall K., Jessica Kingsley Publishers, London 2013](#)

Information about the venue

Anam Cara is a Gaelic expression meaning "soul friend". It symbolises a spiritual friendship that is not affected by time, distance, or separation. This is very apt for our philosophy around dementia care. The venue we are using for the two days at Anam Cara is affectionately known as the 'Tufty' (due to its turf roof). The octagonal building is constructed from local timber with large patio windows that offer views south over Inverness and beyond. We are thrilled to be able to run this workshop in such a beautiful and peaceful space. For more information about Anam Cara please see: <http://www.anamcara.org/index.php>

How to get there:

Anam Cara is on the left at the top of a long steep hill (Leachkin Brae).

Address: Upper Leachkin, Inverness, IV3 8PN (Leachkin is pronounced Larkhin)

If arriving by train or bus to Inverness bus or train station we can arrange lifts. A taxi fare is around £10 from the city centre. If travelling by car, please check further details by clicking [here](#)

POSITIVE DEMENTIA CARE SKILLED LEVEL FOR CARE HOMES

We also have an in-depth 12-day programme (over 6 months) for Care Homes (bought in by NHS in Scottish Highlands). The programme supports staff in understanding and practicing a wide range of techniques from mindfulness to validation, as well as positive approaches to behaviours of concern. There is more

detailed practice around creatively connecting, including with people experiencing more advanced symptoms of dementia or long-term conditions. The programme is matched to Scottish Social Services Council's promoting excellence in dementia care at Skilled Level. It deeply supports staff to put the theory into practice and promotes a variety of reflective practice tools. On-line support for our Positive Dementia Care 12-day programme is also available for participants.

Care Homes interested in this package can contact Karrie Marshall
karrie@creativityincare.org or phone Mobile 07716111585

Meanwhile, if you would like further information about the 2-day Creativity in dementia care course, please do get in contact with me, Chris King

chris@creativityincare.org

With kindest regards

Chris King (admin)

Creativity In Care TM CIC (SC438310)

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