



HEALTH & WELLBEING FOR FOCHABERS PRACTICE POPULATION

SATURDAY 16TH JUNE
10AM TO 12NOON

CHAT AND BROWSE
THROUGH A RANGE OF
MARKET STALLS INCLUDING:

Alzheimer Scotland • Chest, Heart and Stroke
Scotland (Grampian Rehabilitation Services) •
CLAN Cancer support • Health & Social Care
Moray - Volunteering • Health Point • Foch-
abers Men's Shed • Living Golf •
Forres Area Credit Union • Quarriers Carer
Support Service • Quarriers Epilepsy Field work
• Moray Handypersons Service • Moray Sports
Centre • Move More Moray (Macmillan) •
Moray Health & Wellbeing Forum/tsiMORAY
• Contact the Elderly

WHAT IS HOUSE OF CARE?

Find out about the changes
in medical care at Fochabers
Medical Practice

Presentation by Fochabers
Medical Practice Team
Q&A's



POP UP CAFE WITH
MORAY WELLBEING
HUB



MORAY
wellbeing
HUB



Fochabers
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