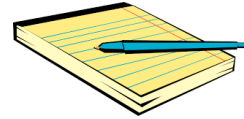


“The smallest act of kindness is worth more than the grandest intention.” – Oscar Wilde

Volunteer Secretary – Moray Fresh Start

2 hours per month



Moray Fresh Start provides essential home packs to people who have previously been homeless, but have now secured a tenancy and need the essentials for their new home, including bedding, pots, dishes and other electrical goods.

This local charity is seeking a secretary to take minutes at their meetings – once per month for around an hour. The volunteer could do a bit more at home, helping to deal with correspondence, typing up minutes and emailing them to the committee. If you have solid admin skills, and importantly, believe in what this charity does, then please contact tsiMoray.

Do You Love Horses?

Minimum 6yrs, 6yrs-14yrs must be accompanied by adult, days/hours to be confirmed

Touchdown Memorial Home for Horses has a fantastic volunteering opportunity to look after rescued ponies and horses in their safe and modern environment at Mulben, Moray. You'll be able to learn new skills and make new two and four-legged friends!

This opportunity includes all aspects of care including stable, yard and field work; rehabilitation and maintenance. Volunteers can also help with e fund raising, administration and/or promotional work for TouchDown. The ability to learn new skills and carry out physical work in all weathers, as well as follow health and safety instruction, will be necessary for this volunteer role.

Outdoor Access Forum – Volunteers Needed

March 2017 onwards, 4 meetings per year

Moray Local Outdoor Access Forum acts in an advisory capacity to Moray Council on matters relating to outdoor access. They are currently looking for 3 new members to join their team! There are 2 member places representing Landowners and Land Managers and 1 member place representing Community Groups.

Selected new members will commence their tenure from March 2017. Membership is on a voluntary basis but travelling expenses will be reimbursed on request. Meetings are around four per year and member positions last for three years, with the chance to re-apply to continue membership thereafter.

Samaritans - Mentoring Volunteers

Evenings



The Samaritans are looking for volunteer mentors. This role is usually carried out in the evenings and could include handling calls, texts and emails, or at occasional times, visiting schools or community groups, helping young people talk about their emotional health. Training will cover 9 modules once per month, making sure you are fully equipped for volunteering. Samaritans positively welcome volunteers from all sections of the community, including various ethnic groups, people with disabilities and members of the LGBT community.

Community Sports Hub Volunteer

3-4hrs per month, various locations across Moray

We are looking for people with a keen interest in community development to help us improve the sport opportunities offered in Moray. You don't have to have sporting background to be a volunteer. Volunteers can help out with events, social media and newsletters, but most importantly, come along to our monthly meetings and provide input and ideas on how to improve sporting activities on offer. The Community Sports Hubs is a collective of sporting clubs and partners working together to improve the sport offered in their area. Community Sports Hub volunteers will help to engage the local community, helping to increase the number of people involved in sporting activities, as well as helping to grow what's on offer.

Although we are sporting organisations, a sporting background is not necessary if you want to get involved! We have opportunities in Elgin, Lossiemouth, Forres, and Keith. Time commitment: 3-4 hours per month

Shop Volunteer – Barnardo's

A few hours weekly



Barnardo's transforms the lives of the most vulnerable children across the UK through the work of our services, campaigning and research expertise. Barnardo's believe we can bring out the very best in every child.

Barnardo's Elgin are looking for friendly faces to help out in the Elgin branch. This will involve replenishing stock, sales, taking in donations and helping customers where possible.

Retail background not necessary

Thai-Chi Anyone? Gentle Movement Volunteer

Once a week, Elgin



You don't have to be an expert to help this exercise group – just some experience and interest in gentle exercise such as Thai-chi, yoga etc.,

Move More Moray based at the Oaks Centre in Elgin are looking for volunteers to help their Gentle Movement Group. Volunteers will help motivate and support others to maintain their fitness.

This is a great opportunity to keep yourself fit alongside helping others! Full training is provided.

Join our Walking Group!

Wednesday daytimes, Elgin

The Oaks Centre are looking for a volunteer to help out with their Walking Group in Elgin.

Walking for only 20 minutes per day can promote good health and general well-being. Are you interested in helping yourself while helping others? Our Walking Group enjoys a breath of fresh air in the Moray countryside every Wednesday and we require enthusiastic people to help motivate the team.

Another great opportunity to keep yourself fit alongside helping others!

Drivers Required

Elgin, Evenings



Do you have an hour or so to spare in the evenings? Aberlour Youth Point are looking for volunteer drivers, to help young people get to and from their club and activities that take place in Elgin. The support they offer young people is so vital, but often young people need to have the transport to get there and back home.

Volunteers receive training. A full, clean driving license would be beneficial, alongside a positive attitude.

A Musical Volunteer

30 minutes weekly/fortnightly



Inspire Partnership are looking for a volunteer with musical talent to brighten the life of a gentleman they support with learning difficulties, to help him pursue his musical interests.

Volunteering will consist of 30 minute slots at a locally agreed venue, allowing him to express himself musically.. Ideally some experience with individuals with learning difficulties would be helpful as well as a positive, outgoing attitude. Training provided. Music breaks barriers. If music plays a role in your life, this could be the perfect role volunteer role for you.