



## Mental Health & Wellness Centre February Fit 150 Fiesta – Booking Form

Feel Better • Feel Healthier • Work Together • Feel in Control  
Have Fun • Learn from Others • Be more Confident • Do More

Name				
Address				
Telephone Number				
Email				
Date of Birth				
Which activity would you like to book?	Theme: Date:			
What are you hoping to gain from the February Fit 150 Fiesta?				
How did you hear about February Fit 150 Fiesta?				
Are you currently working with any Penumbra Services?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>



Please return your form to  
Mental Health & Wellness Centre, 30-32 Batchen Street, Elgin IV30 1BH  
[moraywellnesscentre@penumbra.org.uk](mailto:moraywellnesscentre@penumbra.org.uk)

A Practitioner will contact you shortly to confirm your place. If you may require additional assistance, please let us know.

