

Looking for wellbeing for your family?

Family WRAP Info Event

25th January 11am,

Ex-servicemens Club, Elgin

*Hosted in partnership with
Moray Parent Carer Support Group*

**Hear about how WRAP can help your
family feel happier & plan for crisis
with a creative workshop
experience for all ages**

WRAP

**Wellness Recovery &
Resilience
Action Planning**

*All welcome
No booking required*



moraywellbeinghub.org.uk
07989331651