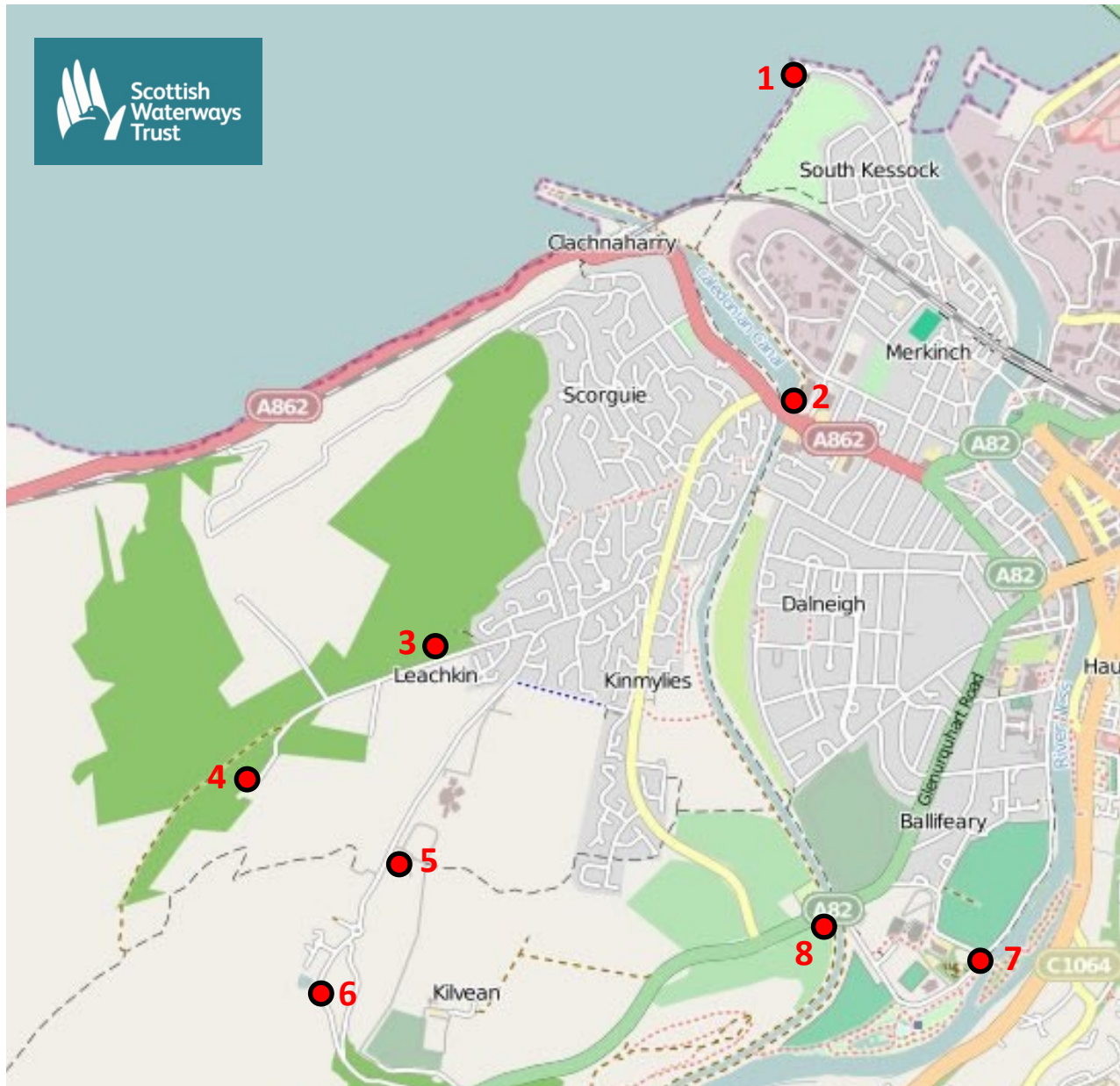


Nature Walks for Wellbeing meeting places



- 1 **Merkinch LNR.** Meeting on the grass area behind the turning circle at the end of Kessock road
- 2 **Muirtown Basin.** Telford St meets Clachnaharry rd at the swing bridge. Meet on town side of the bridge by gated compound
- 3 **Craig Phadrig.** Up Leachkin Brae to bigger 2nd car park on right
- 4 **Anam Cara.** To the top of Leachkin Brae where the road ends. Small car park on left
- 5 **SNH Great Glen House.** Along Leachkin Rd past New Craigs hospital. Park and meet at road entrance
- 6 **Duck Pond.** Small car park where rd starts to go single track along Leachkin Rd
- 7 **Ness Islands.** Parking and meeting on road side of Bught Rd near Skate Park
- 8 **Tomnahurich Bridge** Parking and meeting at the small car park beside the canal on the far side of the swing bridge

Dochgarroch locks (not on map). Follow the A82 out of town for about 4 miles and follow signs for Jacobite Cruises and Dochgarroch Lock. Meet at the car park beside the lock gates