## **Job description: Peer-trainer / Peer-mentor, self-employed**

## **Project: Wellbeing Connected Moray, March 2019 – February 2020**

## **Reports To**

## **Volunteer & Wellness College Coordinator / Social Movement & Enterprise Lead**

Works within Peer Trainer Pool and alongside Volunteer Supervisors & Administration Support

**Project information**

Aiming to improve lives of those facing vulnerability and disadvantage in Moray by developing a new locality based holistic approach where the community helps itself. ‘Wellbeing Connected Moray’ will work across four localities (Cullen & Buckie, Elgin & Lossiemouth, Forres & Kinloss, Speyside) people will have better access to local wellbeing activity and services through the coordination of volunteers and organisations, and community activity such as outreach and creative events.

## **Job Overview**

Holding a recent MWH QA pass this self-employed role harnesses skills in peer-led training and mentoring to deliver and support the objectives of Wellbeing Connected Moray and our social movement and enterprise; empowering, educating and connecting community members in localities to achieve their wellness goals whilst increasing our network and connecting partners – authentic, intentional and mutual.

## **Responsibilities and Duties**

* visible leadership as a peer & Champion of Moray Wellbeing Hub, modeling recovery values
* work coproductively as a part of a Peer Trainer Pool to design and deliver high quality training in line with national and local recovery developments for this project
* regularly attend Peer Trainer Pool network meetings and take a mutual role, supporting any being supported by those with differing knowledge and experience
* take a Participatory Action Research approach, using reflective practice as part of ongoing personal development and maintaining a MWH QA pass.
* attend and complete appropriate training, including supervision and mentoring
* have good awareness of the social movement and enterprise activity and current projects
* undertake administrative duties linked to monitoring and evaluation
* work alongside project Volunteer Supervisors and Administration Support
* keep up to date with national developments in recovery and any specialist subjects you deliver in, incorporate knowledge within practice and share learning with Peer Trainer Pool
* provide quotes and work to agreed timescales
* support the Volunteer & Wellness College Coordinator in their delivery role including to;
  + coordinate MWH key deliverables for this project, including: Wellness College, Peer Trainer Pool, Peer Connectors, and our social movement for change (Champions)
  + monitor, support, motivate, supervise and accredit team members and their work
  + design, review and update courses and resources
  + engage in partnership approaches with a range of stakeholders
  + support community events, promotional activity and creative delivery

**Qualifications & skills**

Essential:

* MWH QA pass achieved within last 12 months
* peer and/or training qualifications and experience relevant to courses you wish to deliver: e.g. Peer 2 Peer, WRAP, LLTTF, SMHFA, SIPP etc
* strong interpersonal skills and experience in working with community members of diverse experiences and challenges
* strong knowledge of Moray wide services and supports for wellbeing
* passion for peer-led social change and community empowerment
* excellent communication skills including around challenging topics
* the capacity to inspire and motivate others
* the ability to deal with information in a confidential manner and respond with sensitivity
* organisational, administrative and IT skills
* a flexible and non-judgemental approach to people and work.
* willingness to travel and work unsocial hours
* proactive approach to working as part of a team of diverse experience and skills

Desirable:

* Qualifications in business and management studies, human resource management, social work, or youth and community work.
* Creative and technology experience and skills
* Research experience and skills