

Pilot: MWH Peer2peer training course January - March 2019

Assessment, final assignment, outcomes and certification information.

Assessment & certification:

The Moray Wellbeing Hub Peer2Peer course (intensive pilot) includes a final assignment in two parts submitted by students to achieve the MWH Peer2Peer course pass. This builds on the reflective practice and in course activities that students are taking part in week to week. It is designed to strengthen learning and the practice of personal reflective practice, as well as provide a body of work that can be used toward participant's own projects and roles.

Assessment key facts:

1. Completing the assessment final assignment is not mandatory, all who attend the MWH Peer2peer course receive a certificate of attendance.
2. Final assignments are ideally completed between course completion and catch-up session (2-4 weeks after last session) and a date will be set by mutual agreement with the course participants.
3. Final assignments submitted after the mutually agreed completion date, or not edited to a satisfactory standard, may not receive certification and acceptance will be dealt with on a case by case basis.
4. Final assignments can be provided in written form, audio file or other creative media (agreed in advance with course coordinator to ensure materials can be supported). Electronic submissions are encouraged, but physical documents are acceptable.
5. Support is available to encourage completion and recognise different learning needs.

Certificates of attendance:

- Those who attend 80% of the course will receive a certificate of attendance
- Those who attend under 80% of the course - the certificate will show the percentage attended.

MWH Peer2peer course pass and future MWH roles: Whilst MWH Peer2Peer course is currently a pilot, it is anticipated that a Peer2Peer pass may be required for those wishing to lead MWH activities such as peer training in the future, **especially in a paid capacity**

MWH Peer2Peer - Final assignment:

Two parts need to be completed by students;

1. Personal recovery story (approx. 1000 words or 5-10min speech)
2. Portfolio of evidence based on sessions (no longer than 2500 words). A template with questions linking to each session is provided.

MWH Peer2Peer outcomes and evidence requirements:

By completing the two part final assignment, using the template provided, participants will achieve the evidence requirements below.

People successfully completing the course will be able to:

	Outcome	Evidence requirements
1	Better understand and apply the Moray Wellbeing Hub values and the Champion role	Demonstrate action undertaken as a Champion relating to each key MWH core value.
2	Feel better able to challenge stigma both external and self-stigma	Demonstrate challenging both stigma and self-stigma.
3	Feel more connected, hopeful, able to self-manage challenges and accept support	Demonstrate change since course start in connectedness, hope, self-management and acceptance of support.
4	Explain peer support and its role in recovery	Describe and explain personal recovery and the recovery approach. Examine two characteristics of recovery. Describe and explain three factors which support recovery.
5	Explain peer support and its role in recovery / wellbeing	Explore the relationship between peer support and recovery Discuss two aspects of peer support
6	Demonstrate the development of relationships based on peer support values	Describe the factors contributing to a positive peer relationship. Explain the power dynamics in a peer relationship Demonstrate the use of effective communication including active listening, recording and recovery language. Demonstrate the application of role modelling and hope in the peer relationship, including the use of self and constructive sharing experiences.
7	Apply strengths based approaches in the peer support role	Describe how a strength based approach may validate and reframe experiences Demonstrate an awareness of the effects of trauma Demonstrate an awareness of the effects of labelling on identity and self-esteem
8	Demonstrate an awareness of how to practice safely and effectively in the formalised peer support role	Identify and explain two aspects of role tension Describe two aspects of safe practice and self-care Reflect on approaches to working with risk.