

*'I think everybody should get rich and famous...so they can see that it's not the answer.'* -Jim Carrey



### **Alzheimer Scotland Volunteers**

*Buckie, Wednesday afternoons & Lossiemouth, Tuesday afternoons*

Alzheimer Scotland Moray are running short on volunteers at their café get togethers in Buckie and Musical Memories group in Lossiemouth. Just an hour or two is all that is needed to help set up tables and help with teas and coffees. This is time truly well spent. Please get in touch if you want to get involved.

### **Study Support Worker for Disabled People/Carers**

*Elgin, 2hrs weekly*

Lead volunteers support disabled young people, disabled adults and carers through a course of learning, whether it be for fun, for work or self-development. Volunteers receive induction, further training, travel expenses and on-going support. Most of our volunteers offer one-to-one support.

Many learners ask for learning support such as talking through challenges and sharing skills and knowledge of a subject. Some ask for practical support such as scribing, typing up notes and being accompanied to college. Our learners have a diverse range of interests and learning goals. For example some wish to improve their IT skills and require the experience and knowledge of a volunteer to demonstrate IT applications, where-as others are seeking guidance and encouragement through a course of study. Lead recognises that volunteers too have varying and wide-ranging interests and skills, and we will ensure you are matched up with a compatible learner.

### **Darby & Joan Club Volunteers**

*Lossiemouth, Tuesday's 12.30-1.30 and 15.15-16.00*

The Darby and Joan Club is remarkable – it has been going for quite some time – it is a fixture of community life and a valuable resource for many older people in Lossiemouth. The Club needs volunteers to help keep it going, including a rather urgent need for a volunteer bus escort – helping older folk on and off the bus.



## **Moray Handyperson's Service**

*Various*

Carry out small jobs to help people who are elderly, disabled or disadvantaged who have no friends or family able to assist them, to maintain a better quality of life in their own homes.

Volunteer Handypersons carry out small jobs of a practical nature: such as replacing light bulbs/tubes, fitting door chains/security/safety devices, putting up shelving/pictures/curtain tracks/poles, shifting pieces of heavy furniture, one off gardening tasks and much besides.

The service is free to the client, who is only required to provide any goods necessary to complete the task. We cannot tackle major works, nor do we replace the help of local trades people. Jobs are generally felt to take about an hour or so but more than one may be undertaken in a single or return visit. Volunteers can be of any age and either gender, providing you have good DIY and interpersonal skills. You will require a car and phone to undertake tasks.

## **Moray Art Centre – Member of Board of Directors**

*Various*

The Board of Moray Art Centre (MAC) is responsible for determining the strategic direction of MAC. Directors have a sound knowledge of running a business, with individual responsibility for their own specific areas of expertise.

Moray Art Centre (MAC) is a small arts organisation with charitable status based in Findhorn. MAC is currently seeking to grow its Board of Directors and is looking for individuals with expertise in the following areas: 1) third sector, with specific knowledge of grant funding; 2) retail; 3) human resources.

The Board of Directors is a close-knit, hands-on team, with each member contributing to the overall strategic planning activity, through their own area of expertise. All Board members have experience in running a business and are focussed on the sustainability of this charitable organisation through sound economic planning and implementation of the overall strategy.



For all volunteering enquiries, please contact;

[info@tsimoray.org.uk](mailto:info@tsimoray.org.uk)

01343 541713

[www.tsimoray.org.uk](http://www.tsimoray.org.uk)

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a better Moray*

Company No: SC416994 Scottish Charity No: SC042954

## MORAY LOCAL OUTDOOR ACCESS FORUM

- Do you enjoy exploring the countryside?
- Do you want to help develop and preserve paths and cycle tracks throughout Moray?

- The Moray Local Outdoor Access Forum is a body set up to advise Moray Council on non-motorised access to the outdoors.
- It meets four or five times a year.
- It has representation from users, community groups, land owners and public agencies.
- Would you be willing to represent, on the Forum, those users of the outdoors who are less able?

Interested? For more information contact:  
Ian Douglas, Moray Access Manager  
[ian.douglas@moray.gov.uk](mailto:ian.douglas@moray.gov.uk)  
or Terry Ballard on 01340 871491.



## Adviser

Moray Citizens Advice Bureau  
Summary of role

To help provide effective and efficient advice and information to members of the public.

What might you be doing?

- Interviewing clients
- Finding, interpreting and communicating information so clients can make an informed decision
- Act on behalf of clients
- Negotiating, referring and drafting letters for clients, filling in forms.
- Completing clear case records
- Recognising the root cause of problems and participating in taking action



Does this sound like you?

- Excellent communication skills (verbal and written)
- Open, approachable and enthusiastic
- Able to sift through information and extract what is relevant
- Respectful of views and values which may be different from your own.
- Able to work within a team
- Able to use computers
- Willing to undertake training for the role

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