**Application - Training for trainers (pilot)  
SIPP: Suicide Intervention Prevention Programme   
Elgin, 29th October.**

**Application process:**

It is important that both sections of this form are completed, section 1 by the applicant and section 2 by the supporting organisation. Ensure you read the notes carefully throughout the application. We would prefer it if you filled in this form electonically. **If you have any questions as you complete this form please phone Heidi Tweedie on 07989331651 or email** [**heidi@moraywellbeinghub.org.uk**](mailto:heidi@moraywellbeinghub.org.uk)

**Should I apply?**The course is free for partners who sign up to the this agreement. Preference being given to those already working as part of partnership delivery in Moray and/or those who those have peer-trainer skills.

***This course is not suitable for those who do not have existing facilitation/trainer* experince*.***

**Background:**The Moray Wellbeing Hub in partnership with Health and Social Care Moray / NHS Grampian, recognised a need for more trainers in approaches that aim to empower communities, including workplaces, to be suicide safe. The aim is to train a diverse range of new trainers and peer-trainers in Moray (and NHS Grampian area) and to do this we are piloting SIPP in Moray.

Trainers will have existing roles in communities working in partnership to support groups and individuals in either a paid or unpaid capacity. They will roll out this training as part of a collaborative partnership guided by local strategic planning.

Trainers are also welcome to join the Moray Wellbeing Hub pool of peer trainers, mentored and supported via our ‘Wellbeing College’ approach. More information is available on request.

This is the first year we have run this training and we welcome your feedback on the application process and expectations beyond for trainers.

### Course overview: This suicide prevention training covers competences and learning objectives as outlined in the guidance accompanying the national literature to continue to meet the previous Commitment 7 from Delivering for Mental Health and the new National Suicide Prevention Strategy.

The training aims to deliver the 5 key outcomes below:  
*Learning Outcomes:*

* **the ability to recognise a person at risk of suicide**
* **the ability to ask about suicide including the**
* **to display listening and questioning skills**
* **an awareness of the impact of attitudes to suicide**
* **an awareness of local services in suicide prevention**
* **develop risk management skills with a person at risk** **of suicide**

After completing this initial training the focus will be to have further discussions on the day with those wishing to facilitate the training in their own area.

**Agreement and expectations: SIPP, October 2018, T4T**

***This form must be completed and returned either by email (scanned) or hard copy prior to the day of the training, or brought to the training.***

**PART 1: Completed by the individual applicant:** This supplements the online registration

Please tick to confirm:

* Deliver and co-train as part of a partnership approach in their locality within one year.
* Deliver, wherever possible, with a volunteer peer-trainer or community member supported as part of the Moray Wellbeing Hub, aiming to bring appropriate peer experiences and support into training settings.
* Explore and support recovery and peer values as part of this partnership approach to delivery.
* Share evaluation and feedback as part of a trainer pool toward future roll out.
* Input into coordinating and promoting future courses in my community.

NAME………………………………………Signed & date:…………………………………………………………………………….

**PART 2: To be completed by line manager or by individual if member of peer-trainer pool.**

### Overview: Embedding SIPP locally / sustainability long term Training trainers is only one resource necessary in making SIPP available to a community. Our increased desire to see peer-led approaches embedded in local services and communities means that we are looking for organisations supporting applicants to take a co-productive approach that relies on valuing lived experienced of individuals to inspire others. We actively encourage trainers to work out with existing roles, be they paid or areas of interest, to widen and strengthen their own practice; Ultimately benefiting the long-term sustainability of any investment made by the individual, support organisations and the hub. We welcome any questions from support organisations on this section.

**Please tick:**

* I agree to support this trainer to deliver SIPP as part of a partnership approach within one year
* I agree to support the trainer to work with a volunteer peer-trainer or community member supported as part of the Moray Wellbeing Hub, aiming to bring appropriate peer experiences and support into training settings.
* I agree to explore and support recovery and peer values as part of this partnership approach to delivery.
* I agree to support sharing of evaluation and feedback data on a quarterly basis
* I agree to support the trainer’s Input into coordinating and promoting future courses in my community and organisation.

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| **Signed by organisation representitive:** |  |
| **Designation / contact info:** |  |
| **Name:** | **Date:** |