

## Have Your Say: Working Together for Better Mental Health & Wellbeing

We are developing an adult mental health and wellbeing strategy.

The strategy will determine Aberdeenshire Health and Social Care Partnership's future mental health and wellbeing priorities. To help shape this work we are keen to hear from you. Come along to one of our workshops and share your views and ideas.

These events are open to all on a drop-in basis.

- Thursday 16<sup>th</sup> August:** 09:45am – 12:00pm Fraserburgh Community & Sports Centre  
**Thursday 16<sup>th</sup> August:** 14:15pm – 16:30pm Peterhead Leisure & Community Centre  
**Monday 20<sup>th</sup> August:** 09:45am – 12:00pm Deveron Community & Sports Centre (Banff)  
**Monday 20<sup>th</sup> August:** 14:15pm – 16:30pm Turriff Sports Centre  
**Wednesday 22nd August:** 09:45am – 12:00pm Ellon Library  
**Wednesday 22nd August:** 14:15pm – 16:30pm Inverurie Town Hall  
**Wednesday 22nd August:** 17:45pm – 20:00pm Garioch Heritage Centre  
**Thursday 23rd August:** 09:45am – 12:00pm Stewart's Hall (Huntly)  
**Thursday 23rd August:** 14:15pm – 16:30pm Alford Library  
**Friday 24<sup>th</sup> August:** 9:45am – 12:00pm Mearns Community Campus  
**Friday 24<sup>th</sup> August:** 14:15pm – 16:30pm Stonehaven Community Centre  
**Monday 27<sup>th</sup> August:** 09:45am – 12:00pm Banchory Town Hall  
**Monday 27th August:** 14:15pm – 16:30pm Westhill Library

If you have any special requirements on the day, or if you cannot attend a workshop but would like to contribute, please contact [integration@aberdeenshire.gov.uk](mailto:integration@aberdeenshire.gov.uk).

We have developed a toolkit that can be used by groups and organisations who may wish to undertake their own workshops. Please email the above address to request a workshop toolkit.