

CONTACT US

Moray Resource Centre
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MORAY DUO

DISABILITY SUPPORT GROUP

MORAY DUO is a disability user led organisation.

We are a group of disabled people who have come together and have recognised that there is a great need in this area for **activities, social evenings and campaigning.**

We want to include **all people with disabilities, sensory needs and people affected by disability**, this may include carers, family and friends.

We embrace and support the choices people would like for activities. To build confidence and give a sense of direction in their lives.

OPENING DAYS AND TIMES

Monday and Friday

10:30am-12:30pm and 1:30-3:30pm

MORAY
wellbeing
HUB

Search for Moray Wellbeing Hub online for local support groups.
Leaflet supported by Moray Wellbeing Hub CIC via #YouChoose funding.