



Mental Health & Wellness Centre Winter Wellbeing Festival – Booking Form

Feel Better • Feel Healthier • Work Together • Feel in Control
Have Fun • Learn from Others • Be more Confident • Do More

Name				
Address				
Telephone Number				
Email				
Date of Birth				
Which activity would you like to book?	Theme: Date:			
What are you hoping to gain from Winter Wellbeing?				
How did you hear about Winter Wellbeing?				
Are you currently working with any Penumbra Services?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>

Please return your form to
moraywellnesscentre@penumbra.org.uk
or return it to the Centre
30-32 Batchen Street, Elgin IV30 1BH

A Practitioner will contact you shortly to confirm your place.
If you may require additional assistance, please let us know.

